



PIAA District 6

2021 AA Track and Field Championships

DATES:

AA BOYS AND GIRLS TUESDAY, MAY 18, 2021 3:30 pm
Rain Date: WEDNESDAY, MAY 19, 2021 3:30 pm

SITE:

Mansion Park Stadium, Altoona, PA **GPS:** 414 North Logan Blvd. Altoona, PA 16602

ADMISSION:

Watch for announcements as to whether tickets will be sold at the gate or online.

TEAMS AND COACHES ARE TO ENTER THE MAIN GATE AND WILL BE HAND STAMPED.

PIAA STATE MEET INFORMATION:

Please check the PIAA website for the State Meet Memorandum for meet information as the format of the 2021 Championships has changed.

COACHES: Please remember to turn in **SCRATCH SHEETS** and **RELAY SHEETS** before leaving Mansion Park. Turn them in at the tent area. Remember to sign them.

COACHES MEETING: 2:40 pm on the field / Bench area

COVID PROTOCOLS: Covid protocols will be emailed the week prior to the meet.

2021 AA DISTRICT 6 TRACK AND FIELD CHAMPIONSHIPS **GENERAL INFORMATION AND MEET RULES**

1. Spikes must be ¼" or smaller. The clerk and starters will check all spikes. Any individual wearing illegal spikes will be issued a warning and be required to make them legal before competing further. Failure to do so or a second violation will lead to disqualification from the event. **NO SPIKES ARE TO BE WORN IN THE STANDS.**
2. **ALL COACHES AND COMPETITORS MUST STAY OUTSIDE THE FENCE AREA.** Competitors will warm up off the track. Only those competitors who are in announced events will be allowed in the track and field areas. Once a competitor is eliminated, they must leave the track area. One (1) coach only is permitted in the designated coaching box area for jumping events.
3. There will be trials and finals in the 100M, 200M, 100LH, and 110HH. The eight (8) fastest F.A.T. times will advance to the finals. All other events will be determined by time – **fast heat last.**

4. In the shot put, discus, javelin, long jump, and triple jump, there will be three (3) trials. The top nine (9) will advance to the finals for three (3) more attempts.
5. Competitors excused to compete in another event will have a maximum of ten (10) minutes from the time they are excused until they must make themselves available for their next trial.
6. Competitors may use their own implements in the throwing events. Weigh-ins for **ALL** implements will be held prior to the event at a time / place to be announced at the meet.
7. Approved footwear for the javelin includes: javelin boots with ¼" spikes, all-purpose shoes, soccer shoes, or any other approved footwear that does not include metal cleats or metal tipped cleats.
8. Only the starting blocks provided by District 6 may be used.
9. A competitor officially becomes a participant when he/she or a relay team of which they are a member reports to the clerk of course or the judge of a field event in which they are entered.
10. No marks are to be used on the track or runways. Use tape only.
11. Banners, signs, portable radios, stereos, whistles, and noise makers are prohibited.
12. Athletes are not to bring cell phones, headphones, or other music/gaming devices inside the fence area.
13. Unsportsmanlike and/or unacceptable behavior will be reported to the District 6 Committee and the school's principal.
14. Please review the uniform rule with your athletes. Uniforms must be school issued or approved. **IT IS STRONGLY ADVISED THAT YOU CONFIRM THAT YOUR RELAY TEAMS ARE IN UNIFORMS THAT ARE EXACT IN EVERY WAY PRIOR TO CHECKING IN FOR THE RELAY EVENTS.**
15. **EACH SCHOOL MUST provide (2) student helpers for a boys AND girls field event.** Assignments will be given to you at the coaches meeting.
16. Pole vault verification forms should be hand delivered at the weigh-ins. **DO NOT MAIL THE FORM.**
17. National Federation of State High Schools track and field rules will be followed.

LIVE RESULTS: Link will be provided at the coaches meeting.

2021 AA DISTRICT 6 TRACK AND FIELD CHAMPIONSHIPS

ENTRY PROCEDURES

ENTRIES: Make sure you are entering the correct classification – AA, **not AAA**

CONFIRM: – All times / distances must have been achieved during the 2021 outdoor season in a meet officiated by a registered PIAA official. **No split times may be used. Indoor season times / distances are not permitted.**

Entry is through the MileSplit online entry portal. Access the District 6 AA meet via the calendar option at PennTrackXC.com

EXAMPLE ENTERING TIMES – Athlete runs hand held 11.23 Round to 11.3 Convert to FAT=11.54 You then enter 11.54 **REMEMBER** – You are always adding 0.24 to a hand held time.

PLEASE NOTE:

1. Number of entries will be limited to 32 in the track events and 24 in the field events.
2. Please use FAT times when entering. Dual meet times are permitted. Round up hand held times to the nearest tenth then add 0.24. All times and distances must be proven if challenged by another school.
3. Scratches are permitted. **THERE ARE NO REPLACEMENTS OF ATHLETES ON OR AFTER MAY 15th.**
4. Each school is responsible for the correctness of their entries. Correct spelling is the coach's responsibility as the program is generated from this information.

DEADLINE SCHEDULE FOR AA COACHES:

1. THURSDAY, MAY 13th, 10:00 pm

Deadline to enter athletes. You may enter four (4) in individual events and one (1) relay. After the deadline, coaches can review the lists on PennTrackXC and the AA District 6 site on the calendar option. The lists will be made public for you to view. **NO LISTS WILL BE EMAILED TO YOU THIS YEAR.**

2. FRIDAY, MAY 14th, 11:00 PM

Coaches make final submission of entries. You must cut to three (3) maximum in individual events and one (1) relay.

DO NOT UNDER ANY CIRCUMSTANCES CHANGE A TIME OR DISTANCE. YOU MUST SUBMIT THE TIME/DISTANCE YOU ENTERED AT THE THURSDAY DEADLINE.

COACHES: When entering, if you have an entered athlete clearly out of the top 40 in track events or out of the top 30 in field events <u>PLEASE DELETE THEM FROM THE EVENT.</u> This will save us a tremendous amount of time finalizing the event sheets.

3. SATURDAY, MAY 15th

Lists will be public on the website and you see the top 32 (track) and 24 (field).

4. **MONDAY, MAY 17th** – Confirmation lists will be emailed to coaches by 12:00 Noon.

2021 AA DISTRICT 6 TRACK AND FIELD CHAMPIONSHIPS

PAYMENT PROCEDURE

ENTRY FEE:

Number of athletes X \$10.00

Count the number of athletes you have entered including all eligible relay members. Take the total number of athletes you are bringing X \$10.00. That is your amount due.

(If you want an accurate amount due and can get a check quickly and on time, contact Meet Director Steve Rhodes on Monday, May 17th. Numbers should be available by then.)

DO NOT refer to the MileSplit PennTrackXC website to confirm number of athletes entered to determine amount owed. Their numbers and information are inaccurate and incorrect.

MAKE CHECK PAYABLE TO: DISTRICT VI, PIAA

**HAND DELIVER CHECK AT THE COACHES MEETING.
DO NOT MAIL.**

***** REMEMBER – THERE ARE NO LATE PHONE ENTRIES AND THERE ARE
NO ENTRIES AT THE MEET*****

2021 AA DISTRICT 6 TRACK AND FIELD CHAMPIONSHIPS / SCHOOL ENTRY FEE

SCHOOL NAME _____ Class AA

TOTAL NUMBER OF ATHLETES _____ (Boys and girls combined)

ENTRY FEE _\$ _____ (Total of athletes X \$10.00)