2023 PIAA District 6
AA & AAA Swimming & Diving Championships
State College Area High School (Diving)
Penn State University (Swimming)
Time Schedule

Thursday, March 2, 2023

Session 1	Upon Arrival Submit any changes to Dive Sheets	
5:00 PM	AAA and AA Diving Warm-ups	
6:00 PM	AAA and AA Diving Starts	

Friday, March 3, 2023

Session 2		
10:00 AM	PSU facility doors open	
10:30 AM	Athletes and coaches will be allowed onto the deck	
11:00 AM	Warm-ups for AAA and AA Swimming	
11:30 AM	Officials Meeting	
12:00 PM	Coaches Meeting AAA and AA (Scratch Meeting)	
1:00 PM	AAA and AA Swimming Starts	200 YD. Medley Relay
		200 YD. Freestyle
		200 YD. Individual Medley
		50 YD. Freestyle
		100 YD. Butterfly
		200 YD. Freestyle Relay
4:00 PM	Awards for Session 2	AAA and AA Swimming

Saturday, March 4, 2023

Session 3		
10:00 AM	PSU facility doors open	
10:30 AM	Athletes and coaches will be allowed onto the deck	
11:00 AM	Warm-ups for AAA and AA Swimming	
1:00 PM	AAA and AA Swimming Starts	100 YD. Freestyle
		500 YD. Freestyle
		100 YD. Backstroke
		100 YD. Breaststroke
		400 YD. Freestyle Relay
4:00 PM	Awards for Session 3	AAA and AA Swimming