



# 2023 53<sup>RD</sup> GIRLS & 83<sup>RD</sup> BOYS XC CHAMPIONSHIPS

CHAMPIONSHIPS NOVEMBER 4 | PARKVIEW XC COURSE | HERSHEY, PA

## IMPORTANT INFO

### Registration:

Friday, November 3  
12:00 pm—4:30 pm

### Championship Schedule:

#### Saturday, November 4

1A Girls - 9:30 am  
2A Girls - 10:15 am  
3A Girls - 11:00 am  
1A Boys - 11:45 am  
2A Boys - 12:30 pm  
3A Boys - 1:15 pm

Awards will take place behind the starting line immediately after the start of the subsequent race.

## CONDITIONS OF ENTRY

The 2023 PIAA Girls' and Boys' Cross Country Championships (2023 PIAA XC Championships) shall be conducted pursuant to all applicable By-Laws, Policies and Procedures, and Rules and Regulations of PIAA. Additionally, it is important that the Principal, Athletic Director, and head girls' and boys' cross country Coaches and all individuals that will participate in the 2023 PIAA XC Championships and all persons who will have responsibilities involving these activities be fully informed of the policies and procedures described herein. It is also necessary that everyone associated with these championships comply with all policies and procedures without exception. Failure to comply may result in removal from the 2023 PIAA XC Championships.

PIAA member schools are not required to enter PIAA championship events. Entry and participation in the 2023 PIAA XC Championships are voluntary. Entry into the 2023 PIAA XC Championships signifies that the member school accepts the fact that the PIAA Executive Director, or the Executive Director's designee, reserves the right to make changes in the management, operation, schedule, and site of the 2023 PIAA XC Championships if, in the judgment of the Executive Director, or the Executive Director's designee, it becomes necessary to do so.

## CHAMPIONSHIP DATE, SITE & STARTING TIMES

The 2023 PIAA Cross Country Championships will be conducted on the Parkview Cross Country Course, Hershey, PA (map available on the Cross Country Championships page of the PIAA Website). The Championships will be held on Saturday, November 4, at the following times:

1A Girls - 9:30 am	1A Boys - 11:45 am
2A Girls - 10:15 am	2A Boys - 12:30 pm
3A Girls - 11:00 am	3A Boys - 1:15 pm

Meet results, including places, times, and re-ranked Team results will be available on the PIAA Web site at [www.piaa.org](http://www.piaa.org), on the Runner's High Web site at [www.runhigh.com](http://www.runhigh.com), and on the PennTrackXC Web site at [www.penntrackxc.com](http://www.penntrackxc.com).

## DISTRICT QUALIFIERS

Each PIAA District that sponsors a qualifying meet involving at least four (4) member schools sponsoring a cross country Team, which participates in at least 50% of the maximum permitted number of Regular Season Contests in that sport, shall be entitled to a minimum of one (1) Team entry (qualifier), and a minimum of five (5) non-Team individual entries (qualifiers), per enrollment classification, to the PIAA Cross Country Championships.

Additional entries (qualifiers) are computed on a modified proportional representation basis, with the larger Districts limited to an appropriate maximum number of Team and non-Team individual entries (qualifiers) to the PIAA Cross Country Championships. Finally, any District or Region with 12 or more schools will be guaranteed at least two (2) team qualifiers and ten (10) non-team individuals.

It is permissible for a District to replace a maximum of one (1) Team entry with a maximum of seven (7) additional non-Team individual entries, thereby, increasing the maximum number of non-Team individual entries from that District by seven (7) entries, per enrollment classification, as qualifiers to the PIAA Cross Country Championships.

**NOTE:** Five (5) or more non-Team individual entries (qualifiers) from the same member school shall be eligible to receive a Team score.

## MAXIMUM NUMBER OF TEAM ENTRIES TO THE 2023 CROSS COUNTRY CHAMPIONSHIPS

	1A	1A	2A	2A	3A	3A
District	Girls	Boys	Girls	Boys	Girls	Boys
I	2	2	2	1	6	6
II	2	1	2	2	1	1
III	2	2	3	3	4	5
IV	2	2	2	2	0*	0*
V	2	2	1*	1*	0	0
VI	2	2	1	1	1	1
VII	4	4	3	4	3	2
VIII	0*	0*	0*	0*	0*	0*
IX	2	2	1	1	0*	0
X	2	2	2	2	1*	1*
XI	2	2	2	2	2	2
XII	1	2	2	2	2	2
<b>Totals</b>	23	23	21	21	20	21

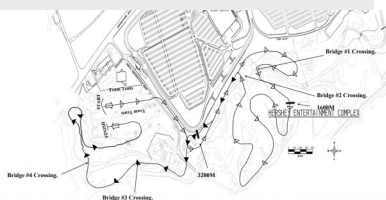
FEATURED HOTELS IN THE HARRISBURG/HERSHEY AREA:

[LINK](#)



MAP OF THE COURSE:

CLICK ON THE MAP TO ACCESS



## MAXIMUM NUMBER OF INDIVIDUAL ENTRIES TO THE 2023 CROSS COUNTRY CHAMPIONSHIPS

	1A	1A	2A	2A	3A	3A
District	Girls	Boys	Girls	Boys	Girls	Boys
I	10	10	10	5	30	30
II	10	5	10	10	5	5
III	10	10	15	15	20	25
IV	10	10	10	10	0*	0*
V	10	10	5*	5*	0	0
VI	10	10	5	5	5	5
VII	20	20	15	20	15	10
VIII	0*	0*	0*	0*	0*	0*
IX	10	10	5	5	0*	0
X	10	10	10	10	5*	5*
XI	10	10	10	10	10	10
XII	5	10	10	10	10	10
<b>Totals</b>	115	115	105	105	95	95

\*Indicates District V & VIII are combined to form a Region in 1A & 2A; Districts IV & VI are combined to form a Region in 3A; & VIII & X are combined to form a Region in 3A.

## PROCEDURES AND SCHEDULES FOR CHAMPIONSHIPS QUALIFIERS

### FINISH LINE PROCEDURES

PIAA authorizes the use of a picture-based finish/timing system, which, in conjunction with chip timing or other electronic timing system which is attached to the shoe(s)/torso of each runner, enhances the accuracy of the finishing position of each runner by utilizing the torso breaking the plane of the finish line.

### TEAMS

A cross country Team shall consist of seven (7) members. Eight (8) runners may be entered; however, a minimum of five (5) runners and a maximum of seven (7) runners shall be permitted to run.

#### Registration Information:

Friday, November 3  
12:00 pm—4:30 pm

### REGISTRATION

Registration will be conducted from 12:00 p.m. until 4:30 p.m., Friday, November 3, 2023 adjacent to the Finish Area on the Parkview Cross Country Course. Late registration will be conducted from 8:30 a.m. until 10:30 a.m., Saturday, November 4, 2023 also adjacent to the Finish Area.

School Registration Packets shall include:

1. General Information Sheet.
2. Parking Pass.
3. Competition Number(s) with four (4) pins with timing transponder;
4. Complimentary Program (Includes: Map of Course; Starting Line Assignments, by Enrollment Classification, Competitors' Names; and Assigned Competition Numbers by Enrollment Classification, by PIAA District).

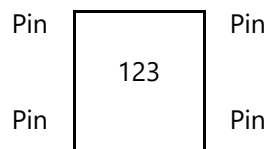
### COMPETITOR'S UNIFORM

A competitor is required to adhere to RULE 4-3-1 and 4-3-2, as applicable, of the [2022 NFHS Track and Field and Cross Country Rules Book](#). PIAA also adopts the 2023 Rule 4-3-1b which provides garments with logos completely around the waistband on uniform bottoms are legal.

### CONTESTANTS' NUMBERS

Contestants' numbers, as assigned by PIAA, are set forth in the PIAA Cross Country Championships program. Head cross country Coaches are responsible for distributing to their runners the appropriate PIAA-assigned contestant number. The contestant number will be affixed with a timing transponder. NO TIMING CHIPS WILL BE ISSUED.

Assigned contestants' numbers must be securely pinned at all four (4) corners to the outside of the front of the runner's school-issued uniform top, beginning at mid-torso level (not the chest), so as to be plainly visible from a distance of at least twenty (20) meters, as follows:



### COURSE AND SPIKES

The cross country course is 5000 meters (3.1 miles) in length. The course is almost entirely grass with a few gravel and/or macadam surfaces being crossed by contestants while running the race. The course will be clearly marked with white lines and flags (RED flag indicates a turn to the left and YELLOW flag indicates a turn to the right). Splits will be visible on a digital clock adjacent to the timing mats laid across the course at the one (1) mile and two (2) mile marks. ALL RUNNERS ARE REQUIRED TO RUN THE PRESCRIBED COURSE! If any competitor fails to run the proper course, or receives any assistance from any other person, COURSE UMPIRES shall report the infraction to the MEET REFEREE.

### STARTING LINE PROCEDURES

Competitors must report to the starting line ten (10) minutes before the starting time. Lane positions will be checked no later than five (5) minutes before the starting time.

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## FINISH LINE PROCEDURES

Runners are instructed to run through the Finish Area and over both timing mats. Officials will exercise maximum effort to get runners away from the Finish Area; however, it is the responsibility of the contestants to move quickly through to the back and exit the Finish Area. **COACHES AND SPECTATORS ARE PROHIBITED FROM ENTERING THE FINISH LINE AREA.**

## MEET SCORING, RESULTS AND CORRECTION OF ERRORS

PIAA authorizes the use of a picture-based finish/timing system, which, in conjunction with chip timing or other electronic timing system which is attached to the shoe(s)/torso of each runner, enhances the accuracy of the finishing position of each runner by utilizing the torso breaking the plane of the finish line.

FinishLynx will provide a picture-based finishing/timing system, to confirm the order of finish.

Results are official when posted under the approval of the Meet Director. Clerical or Team scoring errors may be corrected up to 48 hours after the conclusion of the meet. Correction of meet results involving a contestant who has been disqualified from the meet may be made any time. Appeals regarding misapplication of the rules shall be filed within 30 minutes after the results have been announced or made official.

## LODGING AND MEALS

Housing is not available at the Parkview Cross Country Course and housing will not be provided by PIAA. If needed, a representative of each participating school must make arrangements for housing and for meals, as required, for the school's competitor(s) and Coach(es). Featured hotels and motels in the Harrisburg/Hershey Area are published on the PIAA Cross Country Championships webpage.

Toll free reservations are available through (1) Hershey Group Room Reservations at (800) 437-7439 or visit their Web site for online reservations at [www.hersheypa.com](http://www.hersheypa.com); (2) Hershey Harrisburg Regional Visitors' Bureau at (800) 995-0969 or (877) 727-8573 or visit their Web site for online reservations at [www.hersheyharrisburg.org](http://www.hersheyharrisburg.org); or (3) visit the Hershey Harrisburg Area Welcome Center Web site at [www.visithc.com](http://www.visithc.com).

## EMERGENCY HEALTHCARE

PIAA Sports Medicine personnel will be present to provide emergency healthcare to participating contestants. An EMS crew will be available to provide emergency assistance and transportation, as needed. PIAA Sports Medicine personnel reserve the right to charge a school for any training supplies that were supplied by PIAA Sports Medicine personnel or that were used by the school. **SCHOOLS ARE RESPONSIBLE FOR PROVIDING THEIR QUALIFIERS WITH WATER!**

## COURSE INSPECTION

QUALIFYING MEMBER SCHOOL TEAMS AND NON-TEAM INDIVIDUAL(S) ARE PROHIBITED FROM INSPECTING THE CHAMPIONSHIP COURSE PRIOR TO 12:00 P.M. ON FRIDAY, NOVEMBER 3, 2023. VIOLATIONS MAY RESULT IN DISQUALIFICATION FROM THE 2023 PIAA CROSS COUNTRY CHAMPIONSHIPS. NO EXCEPTIONS! Cross country course inspection will be permitted from 12:00 p.m. until 4:30 p.m., Friday, November 3, 2023, and from 8:00 a.m. until 9:30 a.m., Saturday, November 4, 2023, under the following conditions:

1. Individual qualifiers and qualifying Teams may jog or walk the cross country course only while under the direct supervision of the individual qualifier's Coach(es) or qualifying Team's Coach(es).
2. Individual qualifiers and qualifying Teams are restricted to the cross country course which will be clearly marked with white lines and flags (RED flag indicates a turn to the left and YELLOW flag indicates a turn to the right).
3. Interference with visitors or conduct by any person or persons which may cause a distraction or harm to any other person or persons or to the Parkview Cross Country Course is PROHIBITED.
4. Activities such as, but not limited to, pick-up touch football games, soccer games, and Frisbee throwing are PROHIBITED.

## USE OF DRONES

For the purposes of this policy, a drone is any unmanned aerial device ("UAV").

Drones are not permitted above the competition surface or spectator areas during interscholastic Contests, Inter-school Practices or Scrimmages. Drones may not be used to scout opposing team Practices. Member schools may utilize drones for their own school team practice sessions based upon their local school policies.

Persons and/or schools violating this Policy shall be subject to sanctions which may be imposed under Sections 5, 6, 7 and/or 9 of ARTICLE XIII, PENALTIES, of the [PIAA By-Laws](#).

Upon timely requests submitted to PIAA, the Executive Director is authorized to grant exceptions to this policy on a case-by-case basis for PIAA broadcast partners in conjunction with any host school/facility local policies.

## MEDALS AND TROPHIES

Awards presentation will take place behind the start area immediately following the start of the next race.

1A Girls: 10:15 am  
2A Girls: 11:00 am  
3A Girls: 11:45 am

1A Boys: 12:30 pm  
2A Boys: 1:15 pm  
3A Boys: Following presentation of 2A Boys

The championship and the runner-up Teams in each class, both girls and boys, will receive trophies. Members of the champion and runner-up Teams will receive medals (ten [10] per Team). The top twenty-five (25) individual finishers in each class, both girls and boys, will receive medals.

## SPECTATOR AND TEAM PARKING

All parking will take place in the GIANT CENTER parking areas. Enter through the main parking kiosks for GIANT CENTER/Hersheypark to access the parking area. There is a \$10 parking charge for all spectator vehicles. Qualifying Teams will be provided a complimentary parking pass for use in accessing the facility.

## CHAMPIONSHIP MERCHANDISE

CR&A Designs is the official exclusive merchandise representative of PIAA. CR&A Designs will offer official PIAA merchandise, novelties and souvenir programs at the PIAA Cross Country Championships on Friday, November 3 and Saturday, November 4, 2023. All items will be available adjacent to the Start/Finish area as well as the CR&A Designs online store. Anyone that would like to receive PIAA Championships merchandise after the event can visit the CR&A Designs online store by clicking "Store" at [www.piaa.org](http://www.piaa.org).

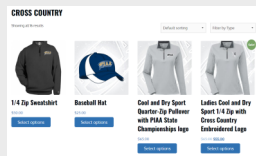
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## MEET RESULTS

Meet results, including places, times, and re-ranked Team results will be available on the PIAA Web site at [www.piaa.org](http://www.piaa.org), on the Runner's High Web site at [www.runhigh.com](http://www.runhigh.com), and on the PennTrackXC Web site at [www.penntackxc.com](http://www.penntackxc.com).

## ADDITIONAL INFORMATION

1. Dr. Robert A. Lombardi, PIAA Executive Director, will serve as the 2023 PIAA Cross Country Championships Meet Director. Mark E. Byers, PIAA Chief Operating Officer, and Patrick B. Gebhart, PIAA Assistant Executive Director, will serve as the 2023 PIAA Cross Country Championships Assistant Meet Directors.
2. For further information, contact:  
Mr. Mark E. Byers  
Chief Operating Officer  
(717) 697-0374 or (800) 382-1392  
email: [mbyers@piaa.org](mailto:mbyers@piaa.org)  
Mr. Patrick B. Gebhart  
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(717) 697-0374 or (800) 382-1392  
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## MERCHANDISE INFORMATION

CLICK [HERE](#) TO ACCESS THE PIAA STORE