

CROSS COUNTRY

NFHS RULES BOOK ADOPTION/MODIFICATION

PIAA adopts the 2026-2027 NFHS Track and Field Track and Cross Country Rules Book. **Modify Rule 3-2-1a** which authorizes conferences or leagues to serve as the administrative body ("Games Committee"); **Modify Rule 3-2-6**, to provide for Contests interrupted because of events beyond the control of the responsible administrative authority to be either continued from the point of interruption or terminated with the existing Team scores; **Modify Rule 4-3-1b7**, which defines headbands, compression sleeves, and socks (without attachments) as Foundation Garments; **Adopt Rule 4-4 NOTE** which requires evidence of written authorization from the PIAA Executive Director, or the Executive Director's designee, before permitting a competitor to participate; **Adopt Rule 8-2-3**, authorize conferences or leagues to adopt a modified or "ghost" cross country team scoring system provided each team involved has a minimum of 3 runners. Approval by the conference or league MUST be done prior-to-the-start of the Regular Season. Notification to all involved schools is required. If one of the teams does not finish the race with three runners, their opponent(s) will be declared the winner by forfeit. If the final score of the Meet results in a tie, the tie score will remain and not be broken. **NOTE:** PIAA authorizes the use of a picture-based finish/timing system, which, in conjunction with chip timing or other electronic timing system attached to the shoe(s)/torso of each runner, enhances the accuracy of the finishing position of each runner by utilizing the torso breaking the plane of the finish line.

TEAM ENTRIES

DISTRICT	1A GIRLS	1A BOYS	2A GIRLS	2A BOYS	3A GIRLS	3A BOYS
I	2	2	1	1	6	5
II	2	2	2	2	1	1
III	2	2	3	3	4	5
IV	2	1	2	2	0*	0*
V	1	2	1	0*	0	0
VI	2	2	2	2	1	1
VII	3	4	3	3	3	3
VIII	0*	0*	1	1	0*	0*
IX	2	2	1	1	0*	0*
X	2	2	2	2	1	1
XI	2	2	2	2	2	2
XII	2	2	3	2	2	2
TOTALS	22	23	23	21	20	20

* Indicates District(s) combined with another (other) District(s) to form a Region.

NOTE: Districts V & VIII are combined in 1A Girls and Boys. V & VIII are combined in 2A Boys. Districts IV & VI are combined in 3A Girls and Boys. Districts VIII, IX & X are combined in 3A Girls and Boys.

NON-TEAM INDIVIDUALS

DISTRICT	1A GIRLS	1A BOYS	2A GIRLS	2A BOYS	3A GIRLS	3A BOYS
I	10	10	5	5	30	25
II	10	10	10	10	5	5
III	10	10	15	15	20	25
IV	10	5	10	10	0*	0*
V	5*	10	5	0*	0	0
VI	10	10	10	10	5	5
VII	15	20	15	15	15	15
VIII	0*	0*	5	5	0*	0*
IX	10	10	5	5	0*	0*
X	10	10	10	10	5	5
XI	10	10	10	10	10	10
XII	10	10	15	10	10	10
TOTALS	110	115	115	105	100	100

* Indicates District(s) combined with another (other) District(s) to form a Region. See above for Regional alignments.